

## **DETERMINING BURNOUT OF PHARMACISTS AS PROVIDERS**

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The World Health Organization recently addressed burnout by including it on the International Classification of Diseases list. In order to meet the criteria of burnout, it has historically been defined as a syndrome of pressure at work and decreased ability to manage the associated stress. Growing evidence suggests that determining factors which may lead to burnout can be used to improve patients safety. Historically, within the healthcare system there has been little data regarding burnout associated with pharmacists, with even less information regarding the different clinical roles of pharmacists. The purpose of this study is to provide further insight into the prevalence and impact of burnout among pharmacists practicing within different clinical settings in the VA Health Care system.

This is a prospective, multi-site, cross-sectional web-based survey of pharmacists in both clinical settings and outpatient operational roles within the Veterans Integrated Service Network (VISN) 15. Burnout of pharmacists will be measured using the Oldenburg Burnout Inventory (OLBI) validated survey. Additional questions will be asked to identify clinical pharmacists and operational pharmacists as well as characteristics potentially associated with burnout. The outcome will analyze the difference in OLBI composite scores between pharmacist groups, with a meaningful difference being associated with  $\geq 10$ . Baseline data and covariates will be analyzed across groups via t-test for continuous measures and chi-square for nominal measures. This study will help provide further insight into the prevalence and impact of burnout among pharmacists practicing within different settings in the VA Health Care system.

### **Learning Objective:**

- Characterize patterns of burnout in pharmacists in different settings within the VA.